

# Goole Sprint Triathlon

## Finisher List Triathlon

| Ran              | Bib | Name              | Club                  | Age |     | Swi   | T1    | Bike  | T2    | Run   | Time    |
|------------------|-----|-------------------|-----------------------|-----|-----|-------|-------|-------|-------|-------|---------|
| <b>Triathlon</b> |     |                   |                       |     |     |       |       |       |       |       |         |
| 1.               | 20  | Adam Fowkes       | Race team Dawson      | M35 | 1.  | 07:12 | 00:53 | 28:16 | 00:45 | 17:45 | 0:54:49 |
| 2.               | 3   | Kris Capperauld   |                       | M40 | 1.  | 06:10 | 00:44 | 29:21 | 00:25 | 18:21 | 0:54:59 |
| 3.               | 2   | Ian Smithson      | Trigger Happy TC      | M35 | 2.  | 06:04 | 00:51 | 30:29 | 00:35 | 17:34 | 0:55:31 |
| 4.               | 41  | Pawel Celinski    | IM INSPIRATION        | M35 | 3.  | 07:28 | 00:40 | 29:21 | 00:28 | 19:08 | 0:57:03 |
| 5.               | 23  | Steven Dews       | Swans Tri club        | M35 | 4.  | 07:05 | 00:50 | 30:48 | 00:32 | 18:05 | 0:57:17 |
| 6.               | 70  | Nick Oehring      |                       | M35 | 5.  | 07:39 | 01:25 | 29:58 | 00:52 | 17:46 | 0:57:37 |
| 7.               | 64  | Adrian Lee-Stokes | Swans Tri Club        | M35 | 6.  | 07:08 | 00:54 | 31:34 | 00:44 | 18:38 | 0:58:56 |
| 8.               | 6   | Ricardo Franco    | Ironfighter           | M25 | 1.  | 06:43 | 00:48 | 33:38 | 00:38 | 18:09 | 0:59:54 |
| 9.               | 7   | Tom Pratt         | LEEDS                 | M40 | 2.  | 06:41 | 00:44 | 33:13 | 00:26 | 18:55 | 0:59:59 |
| 10.              | 69  | Adrian Hopkinson  | Bassetlaw Triathlon   | M30 | 1.  | 08:42 | 01:07 | 31:41 | 01:01 | 18:02 | 1:00:31 |
| 11.              | 29  | Callum Smith      | Lincoln Tri Club      | MU  | 1.  | 07:26 | 01:09 | 31:08 | 00:40 | 20:14 | 1:00:35 |
| 12.              | 27  | Joshua Weston     | Swan Tri Club         | MU  | 2.  | 07:12 | 00:32 | 33:57 | 00:28 | 18:31 | 1:00:38 |
| 13.              | 16  | Paul Wright       | Doncaster Wheelers    | M40 | 3.  | 07:07 | 00:49 | 30:05 | 00:34 | 22:12 | 1:00:45 |
| 14.              | 15  | Ben Clark         | Doncaster Triathlon   | M35 | 7.  | 07:09 | 01:20 | 32:42 | 00:52 | 19:07 | 1:01:08 |
| 15.              | 24  | Max Bytheway      | Doncaster Triathlon   | M45 | 1.  | 07:13 | 01:05 | 32:09 | 00:45 | 20:23 | 1:01:33 |
| 16.              | 38  | Joseph Ward       |                       | MU  | 3.  | 05:57 | 00:55 | 34:17 | 01:04 | 19:22 | 1:01:33 |
| 17.              | 4   | Richard Newdall   |                       | M45 | 2.  | 06:42 | 00:58 | 32:22 | 01:06 | 21:04 | 1:02:09 |
| 18.              | 25  | Nick Bailey       |                       | M45 | 3.  | 07:18 | 00:58 | 32:53 | 00:40 | 20:25 | 1:02:13 |
| 19.              | 33  | David Jones       | Doncaster Triathlon   | M30 | 2.  | 06:53 | 01:12 | 31:41 | 01:12 | 21:18 | 1:02:13 |
| 20.              | 12  | Katie Mancey      |                       | F30 | 1.  | 06:56 | 00:48 | 34:07 | 00:35 | 20:20 | 1:02:44 |
| 21.              | 84  | Benjamin Mancey   | Army Triathlon        | M35 | 8.  | 07:34 | 01:07 | 32:34 | 00:58 | 20:49 | 1:03:00 |
| 22.              | 57  | Tony Millard      | Blue Lagooners        | M45 | 4.  | 08:18 | 01:35 | 33:17 | 00:43 | 19:31 | 1:03:20 |
| 23.              | 37  | Jonny McFaul      | Goole Viking          | M30 | 3.  | 07:35 | 01:35 | 35:13 | 00:39 | 18:35 | 1:03:35 |
| 24.              | 31  | Claire Key        | OTCF                  | F35 | 1.  | 07:36 | 01:15 | 32:47 | 01:04 | 21:04 | 1:03:45 |
| 25.              | 158 | Daniel Shackleton | Peak XV Tri           | M50 | 1.  | 12:06 | 00:58 | 27:50 | 01:20 | 21:37 | 1:03:49 |
| 26.              | 47  | Malcolm Smith     | Cleethorpes Tri Club  | M40 | 4.  | 08:05 | 01:01 | 32:08 | 00:34 | 22:06 | 1:03:52 |
| 27.              | 43  | Justin Synan      | TCUK                  | M40 | 5.  | 08:09 | 00:57 | 33:18 | 00:57 | 21:00 | 1:04:19 |
| 28.              | 105 | Chris Worfolk     | Hyde Park Harriers    | M35 | 9.  | 09:04 | 00:54 | 34:14 | 01:20 | 18:53 | 1:04:23 |
| 29.              | 46  | Ben Fuller        | city of sheffield and | MU  | 4.  | 07:56 | 01:27 | 34:06 | 01:08 | 19:51 | 1:04:25 |
| 30.              | 61  | James Watson      | Off that couch        | M35 | 10. | 08:17 | 01:35 | 34:09 | 00:46 | 19:48 | 1:04:31 |
| 31.              | 45  | Beth Grogan       | Adwick Triathlon      | F20 | 1.  | 07:52 | 01:18 | 33:06 | 00:51 | 21:36 | 1:04:41 |
| 32.              | 35  | Liam Tupling      | Adwick Tri Club       | MU  | 5.  | 07:46 | 00:52 | 35:43 | 00:30 | 20:17 | 1:05:06 |
| 33.              | 129 | Clive Kelty       | Simon Ward Athlete    | M50 | 2.  | 08:51 | 01:30 | 34:27 | 00:59 | 19:45 | 1:05:29 |
| 34.              | 68  | Alan Young        | Cleethorpes Tri Club  | M45 | 5.  | 08:54 | 01:09 | 34:25 | 01:14 | 20:01 | 1:05:42 |
| 35.              | 26  | Sarah Weston      | Swan Tri Club         | F35 | 2.  | 07:31 | 00:52 | 35:40 | 00:36 | 21:14 | 1:05:51 |
| 36.              | 17  | Michael Barnett   | Doncaster Triathlon   | M40 | 6.  | 06:38 | 00:45 | 34:52 | 00:21 | 23:33 | 1:06:07 |
| 37.              | 151 | Andrew Minshull   |                       | M40 | 7.  | 10:31 | 01:06 | 32:35 | 01:25 | 20:40 | 1:06:14 |
| 38.              | 56  | Nicholas Millward |                       | M30 | 4.  | 08:04 | 01:34 | 32:54 | 01:10 | 23:03 | 1:06:43 |
| 39.              | 102 | Marcus Pape       |                       | M55 | 1.  | 08:32 | 02:33 | 35:10 | 00:57 | 19:45 | 1:06:56 |
| 40.              | 109 | Richard Lunt      |                       | M40 | 8.  | 07:22 | 02:12 | 34:19 | 01:13 | 21:53 | 1:06:57 |
| 41.              | 54  | Bruno Rushforth   |                       | M50 | 3.  | 06:54 | 01:12 | 36:47 | 00:37 | 21:40 | 1:07:08 |
| 42.              | 71  | Harry Samson      | Doncaster Triathlon   | M20 | 1.  | 07:28 | 01:29 | 35:48 | 00:56 | 21:40 | 1:07:19 |
| 43.              | 74  | Michael Manders   | Jolly triathlon club  | M35 | 11. | 08:31 | 01:29 | 34:03 | 01:02 | 22:26 | 1:07:28 |
| 44.              | 30  | Chris Holtby      | Humber Triathletes    | M35 | 12. | 06:36 | 02:00 | 37:59 | 01:09 | 19:59 | 1:07:42 |
| 45.              | 72  | David Swift       |                       | M55 | 2.  | 09:20 | 01:47 | 33:31 | 00:56 | 22:45 | 1:08:17 |
| 46.              | 125 | Gary Bogg         | Jolly tri club        | M35 | 13. | 09:21 | 02:02 | 35:03 | 00:54 | 21:07 | 1:08:26 |
| 47.              | 110 | David Lovatt      |                       | M30 | 5.  | 08:03 | 01:56 | 35:02 | 01:14 | 22:18 | 1:08:30 |
| 48.              | 60  | Helen Wilkinson   |                       | F35 | 3.  | 09:15 | 00:54 | 36:20 | 00:51 | 21:14 | 1:08:31 |
| 49.              | 153 | David maskell     | JOLLY TRI CLUB.       | M55 | 3.  | 10:57 | 01:40 | 32:04 | 00:54 | 23:03 | 1:08:35 |
| 50.              | 118 | Martin Craig      | Wakefield Triathlon   | M60 | 1.  | 09:58 | 01:07 | 34:50 | 01:08 | 22:51 | 1:09:52 |

# Goole Sprint Triathlon

## Finisher List Triathlon

| Ran  | Bib | Name               | Club                 | Age | Swi | T1    | Bike  | T2    | Run   | Time  |         |
|------|-----|--------------------|----------------------|-----|-----|-------|-------|-------|-------|-------|---------|
| 51.  | 134 | Jonathan Seaton    |                      | M35 | 14. | 09:25 | 02:04 | 34:18 | 01:00 | 23:23 | 1:10:08 |
| 52.  | 143 | Sam Weller         | Swans Tri club       | M35 | 15. | 09:55 | 01:08 | 35:45 | 01:09 | 22:43 | 1:10:38 |
| 53.  | 67  | Chris Smith        |                      | M50 | 4.  | 07:54 | 01:25 | 36:15 | 01:03 | 24:05 | 1:10:40 |
| 54.  | 111 | Paul Brailsford    |                      | M60 | 2.  | 10:03 | 01:20 | 35:37 | 01:02 | 23:01 | 1:11:01 |
| 55.  | 62  | Sophie Johnstone   | Valley Striders      | F45 | 1.  | 08:00 | 01:41 | 37:36 | 01:05 | 22:42 | 1:11:01 |
| 56.  | 107 | Steven Berresford  |                      | M35 | 16. | 09:18 | 02:39 | 35:56 | 01:18 | 21:55 | 1:11:04 |
| 57.  | 77  | Paul O'Neill       |                      | M50 | 5.  | 09:26 | 01:51 | 36:53 | 01:00 | 22:25 | 1:11:33 |
| 58.  | 89  | Andy Booth         |                      | M40 | 9.  | 09:54 | 01:26 | 34:35 | 01:04 | 24:46 | 1:11:42 |
| 59.  | 112 | Jan Risebury       |                      | F35 | 4.  | 08:25 | 00:51 | 41:39 | 00:24 | 20:48 | 1:12:05 |
| 60.  | 93  | Claire West        | Off that Couch       | F40 | 1.  | 09:46 | 01:05 | 37:18 | 00:38 | 23:22 | 1:12:08 |
| 61.  | 120 | Hannah Taylor      |                      | F30 | 2.  | 08:12 | 01:34 | 37:43 | 01:39 | 23:06 | 1:12:12 |
| 62.  | 92  | Josh Gudgeon       | East Ardsley         | M25 | 2.  | 09:20 | 01:37 | 36:23 | 00:43 | 24:34 | 1:12:36 |
| 63.  | 172 | Stuart Thompson    |                      | M35 | 17. | 12:55 | 01:58 | 35:29 | 01:36 | 21:00 | 1:12:56 |
| 64.  | 73  | Paul Henderson     | Doncaster Tri Club   | M50 | 6.  | 08:47 | 01:24 | 38:20 | 01:56 | 23:22 | 1:13:46 |
| 65.  | 173 | Niall Cotterhill   |                      | M30 | 6.  | 10:24 | 02:00 | 37:04 | 01:33 | 22:56 | 1:13:56 |
| 66.  | 76  | Stephen O'Neill    | Army Triathlon       | M50 | 7.  | 09:30 | 01:42 | 36:57 | 01:13 | 24:50 | 1:14:10 |
| 67.  | 104 | Sally Campbell     | Wakefield triathlon  | F45 | 2.  | 10:03 | 01:45 | 38:44 | 00:51 | 22:53 | 1:14:14 |
| 68.  | 96  | Karen Pearse       | leeds                | F40 | 2.  | 09:04 | 01:38 | 40:08 | 01:04 | 22:23 | 1:14:15 |
| 69.  | 32  | Alun Davies        | Valley Striders      | M55 | 4.  | 09:11 | 01:39 | 37:32 | 01:02 | 25:06 | 1:14:29 |
| 70.  | 106 | Ray Smith          |                      | M60 | 3.  | 09:57 | 02:23 | 37:43 | 00:37 | 24:13 | 1:14:50 |
| 71.  | 138 | Emma Samson        | Doncaster Tri Club   | F45 | 3.  | 09:54 | 01:49 | 38:03 | 01:04 | 24:04 | 1:14:53 |
| 72.  | 97  | Steve Marciniak    |                      | M55 | 5.  | 09:50 | 01:41 | 41:17 | 00:27 | 21:55 | 1:15:06 |
| 73.  | 81  | Emma Mitchell      |                      | F30 | 3.  | 07:14 | 01:42 | 40:39 | 02:17 | 23:17 | 1:15:08 |
| 74.  | 122 | George Bonelle     |                      | M25 | 3.  | 10:44 | 03:38 | 38:26 | 00:56 | 21:28 | 1:15:10 |
| 75.  | 199 | Ian Evans          | Doncaster wheelers   | M40 | 10. | 17:29 | 01:35 | 32:32 | 01:24 | 22:21 | 1:15:18 |
| 76.  | 140 | Peter Brown        |                      | M40 | 11. | 09:04 | 01:50 | 41:42 | 02:24 | 20:46 | 1:15:44 |
| 77.  | 190 | David Ellis        | Sensitive Wires      | M30 | 7.  | 10:04 | 02:45 | 36:08 | 02:08 | 24:42 | 1:15:45 |
| 78.  | 63  | Heath Reilly       | Halifax Harriers     | M50 | 8.  | 07:58 | 01:44 | 40:13 | 01:17 | 24:35 | 1:15:46 |
| 79.  | 128 | Tim Seddon         |                      | M60 | 4.  | 10:02 | 02:47 | 39:47 | 00:31 | 22:41 | 1:15:46 |
| 80.  | 139 | Danny Mitchell     | IronFighter          | M35 | 18. | 10:00 | 01:22 | 42:01 | 00:31 | 22:15 | 1:16:06 |
| 81.  | 154 | Gary Pattison      |                      | M45 | 6.  | 10:33 | 02:07 | 35:48 | 01:43 | 26:01 | 1:16:10 |
| 82.  | 88  | Jenny Waite        |                      | F40 | 3.  | 08:31 | 02:02 | 40:28 | 01:02 | 24:25 | 1:16:25 |
| 83.  | 51  | Sam Patrick        |                      | MU  | 6.  | 07:15 | 01:25 | 40:09 | 01:02 | 26:41 | 1:16:31 |
| 84.  | 65  | Harry Patrick      |                      | M20 | 2.  | 08:58 | 02:46 | 41:52 | 01:23 | 21:35 | 1:16:31 |
| 85.  | 175 | Carl Heseltine     |                      | M45 | 7.  | 11:59 | 02:31 | 37:15 | 01:36 | 23:31 | 1:16:50 |
| 86.  | 115 | Andrew Pocklington | Swans Tri Club       | M45 | 8.  | 09:41 | 01:34 | 36:56 | 01:05 | 27:41 | 1:16:55 |
| 87.  | 174 | Alexander Tristram |                      | M35 | 19. | 10:07 | 01:40 | 38:41 | 01:25 | 25:09 | 1:17:01 |
| 88.  | 91  | Bev Dumont         | Wakefield Triathlon  | F50 | 1.  | 08:57 | 01:30 | 37:15 | 01:28 | 28:18 | 1:17:26 |
| 89.  | 177 | Ian Tarplee        |                      | M40 | 12. | 09:37 | 03:40 | 39:16 | 00:55 | 24:06 | 1:17:32 |
| 90.  | 13  | John Spouncer      |                      | M40 | 13. | 06:00 | 02:28 | 39:14 | 00:53 | 29:06 | 1:17:41 |
| 91.  | 159 | Hannah Playford    |                      | F20 | 2.  | 10:28 | 02:04 | 41:27 | 01:39 | 22:22 | 1:17:58 |
| 92.  | 185 | Pete Young         | Jolly Triathlon Club | M50 | 9.  | 12:27 | 01:43 | 37:35 | 01:32 | 24:47 | 1:18:03 |
| 93.  | 160 | Karol Zep          |                      | M40 | 14. | 10:32 | 02:33 | 39:27 | 01:00 | 24:50 | 1:18:20 |
| 94.  | 100 | Andy Woodhall      |                      | M45 | 9.  | 09:02 | 02:24 | 43:23 | 00:44 | 22:51 | 1:18:22 |
| 95.  | 99  | Mark Leyland       |                      | M35 | 20. | 08:41 | 01:38 | 43:13 | 00:54 | 24:09 | 1:18:34 |
| 96.  | 178 | Jordan Hellam      |                      | M20 | 3.  | 11:11 | 01:57 | 41:44 | 01:31 | 22:17 | 1:18:39 |
| 97.  | 152 | David Martin       |                      | M45 | 10. | 10:56 | 02:58 | 40:04 | 01:52 | 23:17 | 1:19:05 |
| 98.  | 168 | Martin Cox         |                      | M45 | 11. | 12:06 | 03:51 | 39:27 | 01:17 | 23:27 | 1:20:07 |
| 99.  | 78  | Alison Stevens     |                      | F35 | 5.  | 08:19 | 01:03 | 39:57 | 00:52 | 30:01 | 1:20:10 |
| 100. | 144 | Adeline Brack      | Animis tri racing    | F45 | 4.  | 10:27 | 01:09 | 39:33 | 01:28 | 27:34 | 1:20:10 |
| 101. | 117 | Linda Stacey       | Wakefield triathlon  | F55 | 1.  | 09:34 | 01:34 | 40:04 | 01:17 | 27:46 | 1:20:13 |
| 102. | 114 | Ellen Lee-Stokes   | Swans Tri Club       | F35 | 6.  | 08:58 | 01:45 | 41:04 | 01:07 | 27:30 | 1:20:22 |

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## Finisher List Triathlon

| Ran  | Bib | Name                | Club                  | Age | Swi | T1    | Bike  | T2    | Run   | Time  |         |
|------|-----|---------------------|-----------------------|-----|-----|-------|-------|-------|-------|-------|---------|
| 103. | 123 | Jack Burbidge       |                       | M25 | 4.  | 11:36 | 02:34 | 43:12 | 01:28 | 22:21 | 1:21:09 |
| 104. | 161 | Graham Worfolk      |                       | M60 | 5.  | 12:39 | 02:50 | 40:08 | 01:09 | 24:28 | 1:21:12 |
| 105. | 188 | William Howson      |                       | M55 | 6.  | 11:46 | 02:41 | 37:28 | 02:01 | 28:18 | 1:22:12 |
| 106. | 59  | Kathryn Hemming     | Dewsbury              | F50 | 2.  | 08:40 | 02:06 | 43:18 | 01:00 | 27:14 | 1:22:16 |
| 107. | 164 | Emma Eccles         |                       | F30 | 4.  | 11:04 | 03:12 | 40:33 | 01:18 | 26:26 | 1:22:29 |
| 108. | 87  | Diane Polwin        | Doncaster Athletics   | F45 | 5.  | 09:00 | 03:23 | 42:19 | 01:53 | 26:20 | 1:22:53 |
| 109. | 176 | Rob Wood            |                       | M35 | 21. | 11:40 | 02:40 | 41:51 | 01:36 | 25:47 | 1:23:32 |
| 110. | 103 | Paul Ellis          |                       | M35 | 22. | 13:44 | 00:52 | 40:18 | 01:02 | 27:41 | 1:23:34 |
| 111. | 83  | Heather Blakey      | Swans Tri club        | F45 | 6.  | 09:32 | 01:23 | 40:00 | 01:11 | 31:29 | 1:23:34 |
| 112. | 163 | Jane Hobson         | Halifax Harriers      | F50 | 3.  | 11:48 | 02:48 | 45:17 | 01:30 | 22:22 | 1:23:44 |
| 113. | 180 | Daniel Hardy        |                       | M35 | 23. | 12:11 | 04:01 | 39:47 | 01:55 | 26:22 | 1:24:13 |
| 114. | 132 | Kathryn Moore       |                       | F45 | 7.  | 09:37 | 02:34 | 43:07 | 01:12 | 27:55 | 1:24:22 |
| 115. | 146 | David Anderson      | Jolly Triathlon club  | M60 | 6.  | 10:59 | 03:33 | 43:24 | 02:49 | 23:49 | 1:24:31 |
| 116. | 189 | Rachel Lawty        | Wakefield Tri Club    | F55 | 2.  | 12:05 | 02:35 | 43:04 | 01:42 | 25:49 | 1:25:13 |
| 117. | 90  | Karen Bates         | Wakefield Tri         | F50 | 4.  | 09:35 | 01:55 | 38:58 | 01:11 | 33:52 | 1:25:30 |
| 118. | 136 | Rachel Hobson       | Halifax Harriers      | FU2 | 1.  | 10:32 | 02:13 | 44:20 | 00:41 | 28:09 | 1:25:54 |
| 119. | 126 | Diane Simmons       | Wakefield Triathlon   | F60 | 1.  | 10:46 | 02:20 | 47:07 | 01:09 | 24:55 | 1:26:15 |
| 120. | 141 | Darren Isles        | Castleford            | M45 | 12. | 09:54 | 03:49 | 43:53 | 02:08 | 26:50 | 1:26:33 |
| 121. | 95  | Claire Dunham       | Swans                 | F55 | 3.  | 10:10 | 02:34 | 43:06 | 01:36 | 31:03 | 1:28:26 |
| 122. | 98  | Susie Foster        | Swans Tri Club        | F45 | 8.  | 09:48 | 01:41 | 43:57 | 00:57 | 32:39 | 1:28:59 |
| 123. | 162 | Peter Sabourn       |                       | M55 | 7.  | 10:04 | 02:14 | 43:12 | 01:44 | 31:52 | 1:29:03 |
| 124. | 85  | Paul Norris         |                       | M60 | 7.  | 08:37 | 02:39 | 46:20 | 01:15 | 30:23 | 1:29:12 |
| 125. | 150 | Nick Jones          | Swans tri club        | M30 | 8.  | 10:10 | 01:58 | 42:50 | 01:05 | 33:22 | 1:29:23 |
| 126. | 135 | Adam Wingrove       | Trigger Happy TC      | M35 | 24. | 09:52 | 02:15 | 42:28 | 01:33 | 33:23 | 1:29:29 |
| 127. | 137 | Kirk McInally       |                       | M30 | 9.  | 08:46 | 03:18 | 54:12 | 00:45 | 22:34 | 1:29:32 |
| 128. | 171 | Caroline Fuller     | city of sheffield and | F60 | 2.  | 12:21 | 03:14 | 47:16 | 01:12 | 26:23 | 1:30:24 |
| 129. | 116 | Catherine Bendelow  | Swans Tri Club        | F40 | 4.  | 10:25 | 01:44 | 46:16 | 01:14 | 30:59 | 1:30:36 |
| 130. | 155 | Jillian Sabourn     | Leeds Bradford        | F50 | 5.  | 11:19 | 02:46 | 46:24 | 00:37 | 29:57 | 1:31:01 |
| 131. | 113 | Paula Coles         | Swans Tri Club        | F40 | 5.  | 10:09 | 01:47 | 42:35 | 00:33 | 36:23 | 1:31:25 |
| 132. | 133 | Rachel Howitt       |                       | F50 | 6.  | 11:01 | 01:43 | 46:08 | 00:51 | 32:08 | 1:31:49 |
| 133. | 170 | Charles Gillespie   |                       | M50 | 10. | 10:40 | 04:34 | 44:47 | 01:55 | 30:20 | 1:32:14 |
| 134. | 179 | Emma Hughes         |                       | F35 | 7.  | 11:17 | 02:35 | 47:35 | 01:33 | 29:27 | 1:32:24 |
| 135. | 196 | Karen Lewchenko     | Doncaster Athletic    | F35 | 8.  | 15:54 | 02:46 | 47:37 | 01:44 | 26:09 | 1:34:08 |
| 136. | 198 | Chloe Richmond      | Wakefield Triathlon   | F25 | 1.  | 13:55 | 02:08 | 41:59 | 01:39 | 34:58 | 1:34:37 |
| 137. | 195 | Lee Bogg            | Swans Tri Club        | M50 | 11. | 13:51 | 04:15 | 44:24 | 02:43 | 29:40 | 1:34:52 |
| 138. | 121 | Jacqueline Beach    | Doncaster Triathlon   | F35 | 9.  | 08:37 | 03:55 | 49:08 | 00:54 | 33:02 | 1:35:34 |
| 139. | 186 | Sally Allister      |                       | F45 | 9.  | 11:58 | 01:40 | 51:36 | 01:33 | 29:09 | 1:35:55 |
| 140. | 127 | Deb Davey           | Wakefield Triathlon   | F55 | 4.  | 10:40 | 02:13 | 48:05 | 00:57 | 35:38 | 1:37:32 |
| 141. | 157 | Lorna Watson        | Swans Tri Club        | F50 | 7.  | 10:21 | 02:54 | 43:22 | 01:35 | 40:23 | 1:38:32 |
| 142. | 147 | Katie Worfolk       |                       | F30 | 5.  | 12:13 | 02:21 | 55:26 | 01:20 | 28:22 | 1:39:40 |
| 143. | 197 | Lindsay O'Connor    | Jolly Triathlon Club  | F45 | 10. | 16:57 | 02:10 | 43:45 | 01:30 | 36:11 | 1:40:32 |
| 144. | 119 | Rachael Pocklington | Swans tri club        | F45 | 11. | 09:59 | 02:33 | 54:41 | 01:12 | 36:17 | 1:44:40 |
| 145. | 181 | Helen Rogers        | Swim your Swim        | F55 | 5.  | 14:05 | 03:47 | 50:49 | 01:34 | 35:39 | 1:45:51 |
| 146. | 149 | Sue Taft            | Jolly Tri Club        | F50 | 8.  | 10:41 | 02:12 | 60:55 | 00:52 | 31:30 | 1:46:08 |
| 147. | 184 | Sarah Mitchell      | Animis Racing Team    | F45 | 12. | 14:35 | 03:02 | 53:46 | 04:38 | 43:07 | 1:59:05 |
| 148. | 187 | William Ptolomey    |                       | M45 | 13. | 14:26 | 02:37 | 60:24 | 02:56 | 41:54 | 2:02:15 |

Number of records: 148