

Position	Bib #	First Name	Last Name	M/F	Swim	POS	T1	POS	Bike	POS	T2	POS	Run	POS	Finish	Club
1	101	STEVE	GROCK	M	12:15	1	1:17	11	41:54	1	0:42	9	23:12	10	1:19:18	BRITCON/OFF THAT COUCH FITNESS RACE TEAM
2	104	ADAM	MADGE	M	14:28	8	1:17	12	45:23	4	0:41	6	19:37	1	1:21:24	CLUB BELVOIR TRI / TRI-SL TRAINING
3	114	GLENN	BONNER	M	13:11	3	0:30	1	44:44	2	0:33	3	23:47	14	1:22:43	LOUTH TRI CLUB
4	147	MARK	SALMON	M	14:22	7	1:00	4	46:44	6	0:27	1	22:41	5	1:25:12	LINCSQUAD
5	118	KEVIN	BRIGGS	M	15:24	18	1:14	8	47:26	9	0:39	5	22:15	2	1:26:56	PENINSULA TRIATHLON CLUB
6	150	RICHARD	SHARPE	M	14:38	10	0:48	3	49:12	11	0:34	4	22:42	6	1:27:53	
7	136	STEVE	HALL	M	15:37	19	1:15	10	47:19	7	0:41	7	23:39	13	1:28:28	LINCSQUAD
8	131	EMMA	FROST	F	16:59	27	1:07	6	45:44	5	0:53	22	23:51	15	1:28:33	
9	122	CHRISTOPHER	COLLEY	M	17:04	28	1:17	14	47:20	8	0:41	8	22:59	7	1:29:18	
10	111	MICHAEL	BARNETT	M	12:52	2	0:45	2	49:43	14	0:42	10	26:28	24	1:30:28	DONCASTER TRIATHLON CLUB
11	120	STEVE	CLIFT	M	14:56	14	2:02	28	49:40	13	0:53	23	23:06	8	1:30:35	
12	119	CHRISTOPHER	BROWN	M	14:39	11	1:39	19	50:09	15	0:51	19	24:12	17	1:31:28	
13	151	RACHEL	SHELDON	F	15:03	15	1:10	7	51:41	18	0:48	14	23:29	12	1:32:09	LINCOLN TRI
14	138	HENRY	JAMES	M	13:46	4	2:01	27	52:24	20	1:20	36	23:07	9	1:32:36	
15	132	NICK	FRY	M	13:51	5	2:15	31	53:57	23	0:46	11	22:31	4	1:33:18	
16	137	DARREN	HOTCHKIN	M	14:08	6	1:43	21	52:41	21	1:01	27	24:10	16	1:33:42	
17	149	CRAIG	SCOTT	M	19:27	35	1:14	9	49:13	12	0:47	12	23:29	11	1:34:09	
18	130	LIZ	FLEUTY	F	14:44	12	1:17	13	51:40	17	0:52	21	26:05	22	1:34:36	LINCOLN TRI
19	103	ADAM	THOMPSON	M	16:21	23	2:48	39	52:21	19	1:06	30	22:30	3	1:35:04	
20	124	MARK	CONNOLLY	M	15:19	16	2:38	36	47:59	10	0:51	18	28:53	33	1:35:38	LINCSQUAD
21	107	AMY	WHELDRAKE	F	16:25	24	1:36	18	53:55	22	0:57	26	25:30	21	1:38:22	OTCF
22	128	JOANNE	DAVEY	F	15:55	20	1:58	25	54:23	24	0:53	24	27:22	28	1:40:30	LINCOLN TRI
23	21	ANDY	BUSH	M	16:09	22	2:03	29	55:27	26	1:27	39	26:28	25	1:41:33	
24	112	NINA	BATT	F	14:51	13	1:33	17	1:00:57	38	0:51	20	24:15	18	1:42:25	WETHERBY RUNNERS AC
25	152	ADRIAN	SIMPSON	M	17:23	29	1:29	16	56:47	30	1:14	33	26:26	23	1:43:16	
26	109	RICARDO	PACHECO	M	19:59	37	2:47	38	51:25	16	1:27	38	28:34	31	1:44:10	OFF THAT COUCH FITNESS
27	146	KAREN	ROUND	F	16:31	25	1:52	23	58:06	32	0:50	17	27:17	27	1:44:35	ABSOLUTE TRI
28	117	JONATHAN	BOWMAN-PERKS	M	19:15	33	2:28	34	54:30	25	0:49	15	27:39	29	1:44:39	INSPIRING LEADERSHIP TRUST (CHARITY)
29	110	CLAIRE	ARDEN	F	15:19	17	1:24	15	58:38	33	0:47	13	29:07	34	1:45:14	
30	106	GARY	WATKIN	M	20:22	38	2:58	40	57:12	31	1:36	40	24:44	19	1:46:49	
31	108	JON	CONROY	M	18:08	31	1:42	20	56:18	28	1:01	28	30:02	36	1:47:09	LINCSQUAD
32	148	GEMMA	SCOTT	F	19:28	36	2:27	33	58:50	34	1:04	29	25:25	20	1:47:12	OFF THAT COUCH FITNESS
33	140	ANDREW	LOWEY	M	16:02	21	1:46	22	1:00:54	37	1:13	32	27:39	30	1:47:32	AIREDALE HOCKEY CLUB
34	153	JONATHAN	SMITH	M	24:00	42	2:07	30	55:55	27	0:49	16	26:32	26	1:49:22	DONCASTER TRI CLUB
35	142	ANNE	MORTIMER	F	19:24	34	1:58	26	1:00:43	36	0:56	25	28:39	32	1:51:38	CLEETHORPES TRI CLUB
36	154	ISABEL	TURKINGTON	F	20:48	40	2:42	37	56:18	29	1:10	31	30:59	37	1:51:55	LINCSQUAD
37	116	ABIGAIL	BOWER	F	16:49	26	2:32	35	1:02:04	40	1:18	35	29:37	35	1:52:18	LINCSQUAD
38	129	JULIE	DIMALINE	F	18:00	30	1:56	24	59:20	35	1:17	34	38:28	41	1:58:58	BARRACUDA
39	144	JANE	OXBY	F	18:29	32	2:22	32	1:01:50	39	1:26	37	35:01	39	1:59:06	WALK JOG RUN
40	105	KAREN	WARBURTON	F	22:09	41	3:18	41	1:03:39	41	1:44	41	35:42	40	2:06:30	DONCASTER TRIATHLON CLUB
41	139	NICOLA	JOHNSON	F	20:34	39	4:38	43	1:11:20	42	2:27	42	32:50	38	2:11:47	
42	48	LIZ	HOBSON	F	34:31	43	3:57	42	1:20:23	43	2:54	43	39:24	42	2:41:07	
43	123	PETER	CONNOLLY	M	14:31	9	1:07	5	44:50	3	0:30	2		43	D.N.F	LINCSQUAD