| Position | Bib | Name | Swim | T1 | Bike | T2 | Run | Finish | Team |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | JACK SKELTON | 00:06:23.7 | 00:00:32.9 | 00:30:24.7 | 00:00:36.1 | 00:17:52.6 | 0:56:00 |  |
| 2 | 21 | KEVIN DAWSON | 00:07:56.0 | 00:00:49.7 | 00:28:05.5 | 00:00:51.3 | 00:18:31.4 | 00:56:14.1 | RACING TEAM DAWSON |
| 3 | 9 | JAMIE ALLEN | 00:07:09.4 | 00:00:30.0 | 00:30:34.8 | 00:00:31.2 | 00:18:24.4 | 00:57:10.0 | HUMBER TRIATHLETES |
| 4 | 18 | CHRIS GIBBS | 00:06:56.8 | 00:00:52.0 | 00:31:37.2 | 00:00:30.4 | 00:18:36.3 | 00:58:32.8 | LINCSQUAD |
| 5 | 19 | MATT ARCHIBALD | 00:07:21.1 | 00:00:37.7 | 00:31:25.1 | 00:00:38.4 | 00:18:46.0 | 00:58:48.4 | YORKSHIRE VIKINGS |
| 6 | 23 | PHIL GIBBS | 00:07:21.7 | 00:00:30.2 | 00:32:23.3 | 00:00:43.6 | 00:18:25.6 | 00:59:24.5 | LINCSQUAD |
| 7 | 16 | DREW SMITH | 00:06:50.4 | 00:00:49.7 | 00:32:12.6 | 00:00:56.9 | 00:18:51.7 | 00:59:41.5 | GRIMSBY TRIATHLON CLUB |
| 8 | 56 | GAVIN MANN | 00:08:28.0 | 00:00:33.5 | 00:32:14.8 | 00:00:44.1 | 00:17:48.5 | 00:59:49.1 | RACING TEAM DAWSON |
| 9 | 24 | STEVEN DEWS | 00:07:10.3 | 00:00:43.3 | 00:33:12.2 | 00:00:49.7 | 00:18:55.4 | 01:00:51.2 | YORKSHIRE VIKINGS |
| 10 | 27 | PETER ROSS | 00:07:36.2 | 00:00:43.7 | 00:32:17.0 | 00:00:52.5 | 00:20:22.3 | 01:01:51.8 | GRIMSBY TRI CLUB |
| 11 | 32 | DANNY TAYLOR | 00:07:35.0 | 00:00:34.9 | 00:33:12.2 | 00:00:55.1 | 00:19:46.0 | 01:02:03.5 | N/A |
| 12 | 30 | STEVEN WIGGLESWORTH | 00:07:44.5 | 00:00:45.0 | 00:31:43.6 | 00:00:57.2 | 00:20:57.8 | 01:02:08.4 | GO VEGGIE |
| 13 | 46 | ANDY LAKELAND | 00:08:11.5 | 00:00:33.5 | 00:33:58.4 | 00:00:45.8 | 00:18:51.1 | 01:02:20.4 |  |
| 14 | 7 | ANDREW DOBSON | 00:06:41.4 | 00:00:36.5 | 00:33:38.5 | 00:00:40.3 | 00:20:50.1 | 01:02:27.0 | GRIMSBY TRI CLUB |
| 15 | 13 | JONATHAN BOWER | 00:07:04.3 | 00:00:38.1 | 00:34:39.0 | 00:00:46.0 | 00:19:59.7 | 01:03:07.3 | LINCSQUAD |
| 16 | 6 | NICK WARD | 00:06:50.4 | 00:00:46.2 | 00:35:08.6 | 00:00:45.8 | 00:20:01.9 | 01:03:33.2 | BOSTON TRIATHLON CLUB |
| 17 | 1 | ROB JAMISON | 00:06:11.2 | 00:00:48.8 | 00:34:54.3 | 00:00:54.5 | 00:20:44.3 | 01:03:33.2 | YORKSHIRE VIKINGS |
| 18 | 5 | BECKY MASON | 00:06:55.7 | 00:00:29.9 | 00:35:20.2 | 00:00:32.2 | 00:21:59.5 | 01:05:17.6 | HUMBER TRIATHLETES |
| 19 | 35 | ED SMITH | 00:07:32.5 | 00:01:17.4 | 00:34:35.8 | 00:01:00.7 | 00:21:02.0 | 01:05:28.6 | LINCSQUAD |
| 20 | 79 | JAMES WATSON | 00:08:07.7 | 00:01:12.6 | 00:35:16.7 | 00:01:20.9 | 00:19:41.0 | 01:05:39.1 |  |
| 21 | 25 | OLIVER WHELPTON | 00:07:14.2 | 00:00:42.9 | 00:33:48.8 | 00:00:54.0 | 00:23:11.6 | 01:05:51.7 | LOUTH TRI |
| 22 | 82 | KEVIN WILSON | 00:10:27.7 | 00:00:40.9 | 00:32:59.7 | 00:01:08.3 | 00:21:11.3 | 01:06:28.2 | RACING TEAM DAWSON |
| 23 | 22 | SIMON BEEDHAM | 00:07:05.7 | 00:01:26.2 | 00:33:56.6 | 00:01:13.8 | 00:23:16.9 | 01:06:59.5 | LINCSQUAD |
| 24 | 14 | NICOLA HALL | 00:07:01.7 | 00:00:48.0 | 00:36:09.5 | 00:01:12.3 | 00:22:12.6 | 01:07:24.2 | OFFTHATCOUCH/ LINCSQUAD |
| 25 | 97 | CRAIG SCOTT | 00:08:49.2 | 00:01:13.4 | 00:36:20.1 | 00:01:04.2 | 00:20:13.0 | 01:07:40.2 | SCUNTHORPE \& DISTRICT AC |
| 26 | 75 | LUKE WEBSTER | 00:08:22.4 | 00:01:12.3 | 00:36:57.3 | 00:00:49.8 | 00:20:51.4 | 01:08:13.4 |  |
| 27 | 68 | DAVID EDWARDS | 00:08:00.9 | 00:00:51.0 | 00:37:52.6 | 00:00:59.3 | 00:20:51.0 | 01:08:35.2 |  |
| 28 | 87 | DREW HOBLEY | 00:10:03.9 | 00:01:02.0 | 00:35:56.3 | 00:00:53.9 | 00:20:47.2 | 01:08:43.6 | LINCSQUAD |
| 29 | 52 | MALCOLM MARSHALL | 00:07:52.6 | 00:00:56.1 | 00:35:56.0 | 00:01:09.3 | 00:22:53.4 | 01:08:47.7 | SCUNTHORPE \& DISTRICT |
| 30 | 8 | JOHN SPOUNCER | 00:06:43.1 | 00:01:09.3 | 00:37:28.3 | 00:00:57.4 | 00:22:44.3 | 01:09:02.5 |  |
| 31 | 33 | CHRIS BAKER | 00:07:37.2 | 00:01:29.7 | 00:35:36.8 | 00:00:59.7 | 00:23:36.7 | 01:09:20.3 | CLEETHORPES TRI CLUB |
| 32 | 117 | MARK SPIKINGS | 00:08:41.3 | 00:01:27.7 | 00:39:05.2 | 00:01:15.2 | 00:19:11.8 | 01:09:41.5 | CITY OF HULL |
| 33 | 40 | HUWIE DAVIES | 00:08:07.2 | 00:00:54.2 | 00:36:04.1 | 00:00:46.3 | 00:24:04.4 | 01:09:56.5 |  |
| 34 | 65 | DARREN OWEN | 00:08:37.2 | 00:01:21.6 | 00:36:34.4 | 00:00:50.9 | 00:22:39.0 | 01:10:03.3 |  |
| 35 | 38 | ALISON SCHOFIELD | 00:08:00.4 | 00:01:26.5 | 00:35:25.2 | 00:01:06.7 | 00:24:17.1 | 01:10:16.1 |  |
| 36 | 76 | DAVID GIBBS | 00:09:20.8 | 00:01:12.1 | 00:36:13.0 | 00:00:53.6 | 00:22:47.3 | 01:10:27.0 | LINCSQUAD |
| 37 | 48 | GREG LYLE | 00:08:49.5 | 00:01:18.1 | 00:37:22.5 | 00:01:44.4 | 00:21:12.4 | 01:10:27.2 | DONCASTER TRIATHLON |
| 38 | 34 | MATTHEW COLEMAN | 00:08:24.1 | 00:01:48.4 | 00:37:23.3 | 00:01:02.6 | 00:22:00.8 | 01:10:39.3 |  |
| 39 | 10 | MICHAEL BARNETT | 00:07:06.7 | 00:00:54.2 | 00:36:04.0 | 00:00:51.1 | 00:26:16.7 | 01:11:12.9 | DONCASTER TRIATHLON CLUB |
| 40 | 101 | ANDREW LAWSON | 00:09:58.7 | 00:01:29.2 | 00:35:06.1 | 00:01:55.8 | 00:22:46.8 | 01:11:16.9 | LINCSQUAD |
| 41 | 12 | DAN ELLIS | 00:07:14.4 | 00:01:24.2 | 00:36:04.3 | 00:01:06.5 | 00:25:36.0 | 01:11:25.6 | LINCSQUAD/OFF THAT COUCH FITNESS |
| 42 | 135 | TONY ENGLAND | 00:11:28.6 | 00:01:08.0 | 00:36:27.3 | 00:01:19.0 | 00:21:41.9 | 01:12:05.0 | LINCSQUAD |
| 43 | 153 | STEFAN WILSON | 00:08:05.2 | 00:02:18.2 | 00:40:56.9 | 00:00:46.4 | 00:20:07.2 | 01:12:14.1 |  |
| 44 | 63 | NEIL CLARK | 00:09:17.9 | 00:01:57.0 | 00:36:31.4 | 00:01:01.6 | 00:23:39.2 | 01:12:27.3 |  |
| 45 | 41 | ROO BUTTERILL | 00:08:11.3 | 00:01:08.6 | 00:37:05.6 | 00:01:05.9 | 00:24:57.7 | 01:12:29.3 | LINCSQUAD |
| 46 | 104 | DARREN HEPWORTH | 00:11:11.5 | 00:01:17.3 | 00:36:56.6 | 00:01:07.0 | 00:22:06.1 | 01:12:38.8 | LINCSQUAD |
| 47 | 98 | WAYNE SMITH | 00:09:19.6 | 00:01:21.4 | 00:39:18.9 | 00:00:56.1 | 00:21:58.2 | 01:12:54.5 |  |
| 48 | 26 | CHRISTINE GILES | 00:08:31.0 | 00:01:27.9 | 00:37:02.1 | 00:00:41.5 | 00:25:33.4 | 01:13:16.1 | LOUTH TRI CLUB |
| 49 | 119 | RHYDIAN STOCK | 00:11:24.3 | 00:01:25.6 | 00:36:09.1 | 00:01:34.3 | 00:23:11.4 | 01:13:44.9 |  |
| 50 | 73 | NEAL BEE | 00:08:59.7 | 00:01:10.0 | 00:41:43.9 | 00:01:16.8 | 00:20:36.9 | 01:13:47.4 | GRIMSBY TRI CLUB |
| 51 | 60 | VICTORIA HOWDEN | 00:09:15.8 | 00:00:59.8 | 00:38:29.5 | 00:01:15.8 | 00:24:00.0 | 01:14:01.1 | LINCSQUAD |
| 52 | 49 | RUTH WILSON | 00:10:39.2 | 00:01:05.8 | 00:37:09.1 | 00:01:05.6 | 00:24:32.7 | 01:14:32.5 | RACING TEAM DAWSON |
| 53 | 72 | GARETH DAVIS | 00:09:10.8 | 00:01:37.7 | 00:38:24.4 | 00:01:24.6 | 00:23:58.3 | 01:14:36.1 |  |
| 54 | 39 | JONATHAN BURDIN | 00:08:29.6 | 00:01:30.0 | 00:37:56.2 | 00:01:56.9 | 00:24:55.8 | 01:14:48.7 |  |
| 55 | 50 | RICH MORTON | 00:08:31.9 | 00:00:58.4 | 00:39:19.9 | 00:01:15.4 | 00:24:44.2 | 01:14:50.0 | LINCSQUAD |
| 56 | 67 | ALISTAIR CROPPER | 00:09:01.1 | 00:01:08.8 | 00:40:46.8 | 00:00:50.3 | 00:23:05.2 | 01:14:52.4 |  |
| 57 | 115 | DARREN SCUTT | 00:08:46.6 | 00:01:30.9 | 00:37:16.3 | 00:01:25.5 | 00:26:04.6 | 01:15:04.0 | LINCSQUAD |
| 58 | 81 | VIKKI WILSON | 00:09:49.3 | 00:01:09.6 | 00:39:02.7 | 00:01:02.0 | 00:24:16.6 | 01:15:20.5 | LINCSQUAD |
| 59 | 61 | CHRIS MARSHALL | 00:08:02.5 | 00:01:20.7 | 00:39:03.6 | 00:01:01.0 | 00:26:11.1 | 01:15:39.1 | GRIMSBY TRI CLUB |
| 60 | 148 | PAUL HOLMES | 00:11:58.0 | 00:00:56.2 | 00:37:57.2 | 00:01:19.8 | 00:23:42.9 | 01:15:54.1 | GRIMSBY TRI CLUB |
| 61 | 58 | SALLIE JOSEPH | 00:09:30.7 | 00:01:01.2 | 00:40:08.2 | 00:01:13.7 | 00:24:07.4 | 01:16:01.4 | LINCSQUAD |
| 62 | 36 | ANDY BULLIMORE | 00:08:21.1 | 00:01:12.8 | 00:38:50.8 | 00:01:13.4 | 00:26:23.9 | 01:16:02.1 | GRIMSBY TRI CLUB |
| 63 | 44 | DEBBIE FRARY | 00:08:30.2 | 00:01:26.7 | 00:40:41.1 | 00:01:03.3 | 00:24:28.3 | 01:16:09.9 | SCUNTHORPE TRIATHLON CLUB |
| 64 | 83 | JAMIE MOSS | 00:09:11.9 | 00:00:33.7 | 00:39:26.9 | 00:00:42.8 | 00:26:24.8 | 01:16:20.3 | LINCSQUAD |
| 65 | 31 | NEAL MARKHAM | 00:08:22.6 | 00:02:42.2 | 00:39:14.0 | 00:01:18.7 | 00:24:56.3 | 01:16:34.0 | GRIMSBT TRI |
| 66 | 74 | JOSHUA BLACKLEY | 00:09:10.0 | 00:01:19.8 | 00:39:01.1 | 00:00:49.7 | 00:26:29.1 | 01:16:49.8 | LINCSQUAD |
| 67 | 105 | CARL PARRATT | 00:09:39.1 | 00:01:38.3 | 00:40:04.4 | 00:01:15.2 | 00:24:13.0 | 01:16:50.1 |  |
| 68 | 107 | ASHLEY EVANS | 00:08:11.7 | 00:01:21.4 | 00:36:46.2 | 00:00:47.8 | 00:29:45.8 | 01:16:53.1 |  |
| 69 | 147 | NEIL JOHNSON | 00:08:40.4 | 00:01:36.0 | 00:40:34.3 | 00:01:53.6 | 00:24:16.8 | 01:17:01.4 | NONE |
| 70 | 62 | GARETH BARKER | 00:09:41.4 | 00:01:34.1 | 00:38:16.0 | 00:01:08.0 | 00:26:21.8 | 01:17:01.5 | LINCSQUAD |
| 71 | 42 | PETE WALTON | 00:08:21.3 | 00:00:52.4 | 00:37:25.1 | 00:00:40.3 | 00:29:51.7 | 01:17:10.9 |  |
| 72 | 54 | RICHARD PERRY | 00:09:21.8 | 00:01:51.8 | 00:39:20.4 | 00:01:15.8 | 00:25:29.3 | 01:17:19.2 | GRIMSBY TRI |
| 73 | 133 | CAMILLA MORGAN | 00:10:18.6 | 00:01:22.9 | 00:39:19.8 | 00:01:22.0 | 00:25:01.1 | 01:17:24.5 | LINCSQUAD |
| 74 | 17 | CLAIRE JACKSON | 00:07:15.2 | 00:01:07.5 | 00:38:49.9 | 00:00:59.7 | 00:29:19.3 | 01:17:31.8 | GRIMSBY TRI CLUB |
| 75 | 127 | GEMMA SCOTT | 00:09:16.3 | 00:01:34.1 | 00:43:17.2 | 00:01:49.4 | 00:21:36.8 | 01:17:33.9 | SCUNTHORPE \& DISTRICT AC |
| 76 | 108 | PETER WILSON | 00:09:28.7 | 00:01:12.2 | 00:37:18.4 | 00:01:18.5 | 00:28:29.5 | 01:17:47.5 | LINCSQUAD |
| 77 | 70 | OLIVER SALVIN | 00:09:41.3 | 00:01:36.0 | 00:38:44.0 | 00:01:21.2 | 00:26:25.0 | 01:17:47.7 |  |
| 78 | 141 | CARL HESELTINE | 00:12:23.3 | 00:02:34.3 | 00:38:16.8 | 00:01:41.3 | 00:22:54.7 | 01:17:50.5 |  |
| 79 | 69 | RYAN DOLBY | 00:08:35.4 | 00:00:58.2 | 00:40:24.5 | 00:01:01.1 | 00:27:02.8 | 01:18:02.2 | GRIMSBY TRI CLUB |
| 80 | 126 | LEE COLEMAN | 00:10:42.0 | 00:02:10.7 | 00:38:42.9 | 00:01:13.6 | 00:25:30.9 | 01:18:20.4 |  |
| 81 | 91 | CHRIS HEWITT | 00:09:46.7 | 00:02:18.9 | 00:41:28.5 | 00:00:40.6 | 00:24:18.9 | 01:18:33.8 | THE TRI FORCE |
| 82 | 77 | JON CONROY | 00:09:35.5 | 00:01:16.5 | 00:41:36.4 | 00:00:59.4 | 00:25:13.4 | 01:18:41.4 | LINCSQUAD |


| 83 | 111 | NEIL MACRAE | 00:12:05.8 | 00:01:08.4 | 00:39:21.7 | 00:00:48.8 | 00:25:17.5 | 01:18:42.5 | GRIMSBY TRI CLUB |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 84 | 149 | NATALIE TUTHILL | 00:07:17.0 | 00:01:13.4 | 00:43:28.2 | 00:01:38.6 | 00:25:06.5 | 01:18:43.9 | HUMBER TRIATHLETES |
| 85 | 99 | ROBIN WILLIAMS | 00:12:30.1 | 00:02:02.3 | 00:41:15.7 | 00:02:00.8 | 00:20:58.4 | 01:18:47.4 |  |
| 86 | 45 | AMY COLLEY | 00:08:35.0 | 00:00:58.3 | 00:42:50.6 | 00:00:59.4 | 00:25:34.9 | 01:18:58.4 |  |
| 87 | 53 | VICTOR HENIGHAN | 00:08:55.1 | 00:03:14.5 | 00:36:37.0 | 00:01:50.7 | 00:28:28.5 | 01:19:06.0 |  |
| 88 | 29 | EMILY JACKSON | 00:08:02.6 | 00:01:34.8 | 00:42:45.8 | 00:00:52.5 | 00:25:59.1 | 01:19:15.1 | CLEETHORPES TRI CLUB |
| 89 | 112 | LOUISE BLOW | 00:09:32.1 | 00:01:08.5 | 00:40:37.3 | 00:01:23.9 | 00:26:56.6 | 01:19:38.5 | LINCSQUAD |
| 90 | 103 | SARAH EVANS | 00:09:13.6 | 00:01:43.1 | 00:43:21.9 | 00:01:18.5 | 00:24:13.7 | 01:19:51.0 |  |
| 91 | 113 | FIONA FISK | 00:10:34.0 | 00:01:32.0 | 00:38:40.0 | 00:02:04.1 | 00:27:02.5 | 01:19:52.8 | LINCSQUAD |
| 92 | 28 | RHIANNAN WADEY | 00:06:53.2 | 00:02:53.7 | 00:41:48.7 | 00:01:03.1 | 00:27:16.5 | 01:19:55.3 | HUUB |
| 93 | 78 | ALISON PULLAN | 00:09:19.1 | 00:02:49.3 | 00:44:15.5 | 00:00:53.0 | 00:22:54.7 | 01:20:11.7 |  |
| 94 | 59 | DIANE PRATT PEACOCK | 00:09:18.6 | 00:01:15.3 | 00:43:30.5 | 00:01:07.8 | 00:25:22.0 | 01:20:34.4 | GRIMSBY TRI |
| 95 | 96 | SARAH FRANCIS | 00:08:50.6 | 00:01:52.2 | 00:46:23.0 | 00:00:48.5 | 00:22:48.8 | 01:20:43.3 |  |
| 96 | 121 | MARK TURNER | 00:10:42.2 | 00:01:52.1 | 00:38:56.7 | 00:01:33.2 | 00:27:39.9 | 01:20:44.3 | LINCSQUAD |
| 97 | 167 | STEVE CANNINGS | 00:11:50.3 | 00:02:13.6 | 00:38:33.0 | 00:01:30.6 | 00:26:41.7 | 01:20:49.4 | LINCSQUAD |
| 98 | 89 | JANE OXBY | 00:09:15.4 | 00:01:40.7 | 00:43:13.2 | 00:01:23.1 | 00:25:27.4 | 01:20:59.9 | WALK JOG RUN |
| 99 | 140 | FRANKIE THOMAS | 00:11:55.9 | 00:02:00.4 | 00:43:33.4 | 00:01:44.1 | 00:22:58.9 | 01:22:12.9 | GRIMSBY TRI |
| 100 | 90 | VICTORIA SMALLER | 00:09:41.3 | 00:01:42.5 | 00:43:36.9 | 00:01:12.2 | 00:26:46.8 | 01:22:59.8 | LINCSQUAD |
| 101 | 100 | JAN LATTIMORE | 00:08:54.3 | 00:01:13.4 | 00:49:06.6 | 00:00:46.5 | 00:24:12.4 | 01:24:13.2 |  |
| 102 | 163 | GAVIN HALL | 00:13:48.9 | 00:02:14.0 | 00:40:57.0 | 00:01:14.8 | 00:26:10.1 | 01:24:25.0 |  |
| 103 | 151 | LESLEY SHARPE | 00:07:00.1 | 00:01:49.8 | 00:42:28.5 | 00:02:11.6 | 00:31:15.6 | 01:24:45.8 | DONCASTER TRIATHLON CLUB |
| 104 | 152 | BEN HOWITT | 00:08:07.4 | 00:01:40.6 | 00:44:12.0 | 00:01:38.8 | 00:29:48.1 | 01:25:27.2 | NO TEAM/CLUB |
| 105 | 169 | PETER LAWSON | 00:13:32.2 | 00:01:51.7 | 00:41:59.3 | 00:01:34.6 | 00:26:32.7 | 01:25:30.7 | LINCSQUAD |
| 106 | 51 | LEE PORTESS | 00:08:24.9 | 00:01:45.8 | 00:41:06.6 | 00:01:46.3 | 00:32:35.1 | 01:25:38.8 | LINCSQUAD |
| 107 | 150 | JILL JAMESON | 00:12:36.8 | 00:02:11.1 | 00:40:08.8 | 00:01:56.0 | 00:29:02.4 | 01:25:55.2 | WEST HULL LADIES |
| 108 | 109 | LUCY HORT | 00:11:01.9 | 00:01:00.0 | 00:42:59.8 | 00:01:44.1 | 00:29:12.2 | 01:25:58.3 |  |
| 109 | 142 | ROBERT PRITCHARD | 00:10:06.6 | 00:01:35.3 | 00:45:19.3 | 00:01:16.7 | 00:28:15.6 | 01:26:33.7 | GRIMSBY TRI CLUB |
| 110 | 106 | JENNY DALE | 00:10:34.6 | 00:02:00.5 | 00:48:09.0 | 00:01:00.0 | 00:24:55.0 | 01:26:39.3 | LINCSQUAD |
| 111 | 57 | LAURA SYDNEY | 00:08:18.1 | 00:02:02.5 | 00:48:12.2 | 00:01:25.5 | 00:26:47.7 | 01:26:46.3 | DONCASTER TRIATHLON CLUB |
| 112 | 122 | PHILIPPA KENYON | 00:10:59.6 | 00:02:56.6 | 00:47:21.1 | 00:00:50.3 | 00:25:09.2 | 01:27:17.0 |  |
| 113 | 124 | NEIL ROBINSON | 00:09:47.0 | 00:04:25.2 | 00:42:40.7 | 00:03:41.9 | 00:27:05.5 | 01:27:40.6 |  |
| 114 | 137 | TRACIE MCGUIRE | 00:11:02.5 | 00:02:07.0 | 00:43:30.2 | 00:01:34.5 | 00:30:07.7 | 01:28:22.1 | GRIMSBY TRI CLUB |
| 115 | 116 | JOHN WILSON | 00:11:55.2 | 00:02:49.9 | 00:44:03.3 | 00:01:49.3 | 00:28:23.7 | 01:29:01.6 |  |
| 116 | 125 | LOUISA HEWETT | 00:11:32.4 | 00:02:42.2 | 00:43:58.0 | 00:01:51.3 | 00:29:12.3 | 01:29:16.4 | GRIMSBY TRI CLUB |
| 117 | 139 | ZOE WARD | 00:11:58.5 | 00:02:28.9 | 00:44:50.2 | 00:01:22.0 | 00:28:48.3 | 01:29:28.0 | BOSTON TRIATHLON CLUB |
| 118 | 64 | ABIGAIL BOWER | 00:09:27.7 | 00:01:28.1 | 00:45:14.8 | 00:01:13.2 | 00:32:24.5 | 01:29:48.4 | LINCSQUAD |
| 119 | 134 | TINA THOMAS | 00:11:46.6 | 00:01:44.8 | 00:43:56.2 | 00:01:33.8 | 00:30:58.4 | 01:30:00.0 | GRIMSBY TRI |
| 120 | 155 | ANNE RAE | 00:13:22.9 | 00:01:30.7 | 00:45:35.0 | 00:00:56.6 | 00:29:21.2 | 01:30:46.6 | CAISTOR RUNNING CLUB |
| 121 | 136 | KATIE SCUTT | 00:09:36.9 | 00:01:33.3 | 00:50:12.0 | 00:01:04.1 | 00:29:00.3 | 01:31:26.8 | LINCSQUAD |
| 122 | 131 | RICKY BUSHELL | 00:11:22.5 | 00:02:40.0 | 00:46:39.6 | 00:01:26.3 | 00:29:19.1 | 01:31:27.7 |  |
| 123 | 129 | TIM LEIGHTON | 00:10:38.7 | 00:02:01.2 | 00:48:37.9 | 00:01:51.7 | 00:28:28.9 | 01:31:38.7 |  |
| 124 | 110 | TRACEY RICHARDSON-LYNE | 00:10:31.5 | 00:01:44.0 | 00:48:18.3 | 00:01:23.9 | 00:30:27.5 | 01:32:25.5 | COALVILLE TRIATHLON CLUB |
| 125 | 47 | SARAH FROST | 00:08:40.1 | 00:02:34.5 | 00:51:59.7 | 00:01:08.2 | 00:29:32.5 | 01:33:55.3 |  |
| 126 | 95 | EMILY WILSON | 00:10:01.4 | 00:02:05.4 | 00:50:16.2 | 00:01:07.3 | 00:31:23.9 | 01:34:54.2 |  |
| 127 | 92 | ANDY PARRATT | 00:09:51.9 | 00:03:58.9 | 00:44:16.2 | 00:01:55.0 | 00:35:05.8 | 01:35:08.0 | LAGOONIES |
| 128 | 165 | WALTER KENT | 00:16:37.0 | 00:02:01.5 | 00:48:18.7 | 00:01:29.2 | 00:26:46.3 | 01:35:12.9 | LINCSQUAD |
| 129 | 120 | JULIE ENGLAND | 00:11:47.2 | 00:03:24.2 | 00:45:58.6 | 00:02:01.8 | 00:32:57.3 | 01:36:09.3 | LINCSQUAD |
| 130 | 84 | NICOLA JOHNSON | 00:09:07.6 | 00:02:14.1 | 00:56:16.5 | 00:02:07.0 | 00:28:24.3 | 01:38:09.8 |  |
| 131 | 88 | PENNY BULLIMORE | 00:10:47.2 | 00:02:12.9 | 00:46:24.1 | 00:03:20.5 | 00:36:11.2 | 01:38:56.1 | GRIMSBY TRI CLUB |
| 132 | 118 | JAMES CAMPLING | 00:12:22.1 | 00:02:02.8 | 00:44:48.6 | 00:01:46.8 | 00:38:09.5 | 01:39:10.0 |  |
| 133 | 132 | CHRIS HOBSON | 00:11:43.3 | 00:03:13.4 | 00:51:41.7 | 00:02:24.2 | 00:30:58.1 | 01:40:00.9 |  |
| 134 | 94 | CHRIS WALTON | 00:09:46.4 | 00:02:12.1 | 00:43:55.8 | 00:01:15.5 | 00:44:01.1 | 01:41:11.1 |  |
| 135 | 93 | JOEL HEWITT | 00:10:47.8 | 00:03:32.4 | 00:53:40.0 | 00:01:13.6 | 00:32:45.9 | 01:42:00.0 | OFF THAT COUCH FITNESS |
| 136 | 144 | CRAIG DOUGLAS | 00:14:58.5 | 00:01:28.6 | 00:53:28.6 | 00:01:57.4 | 00:33:46.8 | 01:45:40.1 |  |
| 137 | 158 | LIZ HOBSON | 00:16:05.6 | 00:04:12.3 | 00:56:00.3 | 00:01:38.4 | 00:34:33.4 | 01:52:30.3 |  |
|  |  |  |  |  |  |  |  |  |  |

